



## **Tirzepatide**

Commercially available as Mounjaro®, by Eli Lilly. It is taken as a weekly injection. Dosing is titrated from 2.5 mg or 0.15 mL (for one month), 5 mg (.30 mL) (month 2), 0.45 mL (Month 3), etc. for 6 months.

In the clinical trials, Tirzepatide out-performed Semaglutide, suggesting it is stronger. At the 5 mg dose, 80% of study subjects achieved a 15 lb. weight loss; at 10 mg, 45% achieved 20 lb. weight loss, and at 15 mg, subject lost at least 25 lbs. Common side effects include nausea, constipation. More serious side effects may occur.

*According to researchers at Mayo Clinic: This medicine may increase the risk of having thyroid tumors. Tell us right away if you have a lump or swelling in your neck or throat, trouble swallowing or breathing, or if your voice gets hoarse. Pancreatitis (swelling of the pancreas) may occur while you are using this medicine.*