



Contrave[®]

(Combination of Bupropion and Naltrexone)

Bupropion Hydrochloride - This ingredient is an appetite reducing drug that is meant to restore brain chemical imbalances and to keep users from overeating.

The Annals of Internal Medicine published an up-to-date meta-analysis showing that over a period of 6-12 weeks, patients may experience weight loss of 2.7 kg over placebo

Naltrexone works together with bupropion on different parts of the user's brain to decrease their desire for food, much like some other appetite suppressants

The journal Pharmacy & Therapeutics concluded, this combination may serve as a valuable treatment adjunct to lifestyle modifications by promoting satiety, reducing feeding, enhancing energy expenditure, and ultimately helping patients achieve weight loss goals." In trials, nearly 50% of patients following a diet lost at least 5% of their body weight.

Weight loss - helps with body set point modulation. This medication may help to prevent plateaus by assisting the body to modulate a more accurate set-point based on averages. The drug is also said to help patients lose two to four times more weight by helping to reduce appetite and cravings, making it easier to restrict caloric intake.

Enhanced energy - This drug may have an impact on the central nervous system. It may also have an effect on metabolism, helping to increase it as a result of the naltrexone. Both of these effects may contribute to higher energy.

Weight management - Giving people more energy, helping with thyroid hormone balance and aiding with body set point modulation and insulin resistance all make it easier for a patient to maintain weight loss and stay at a healthier weight. It is vital that patients are receiving the right maintenance dose, however. It is also imperative that they maintain their diet and exercise plans.